

NATIONAL SERVICE SCHEME (NSS) REPORT 2020-21

The National Service Scheme (NSS) of SKM's Jashbhai Maganbhai Patel College of Commerce is well-known and accepted unit for its dedicated work and services it has rendered to the society. In this academic year 2020-2021, our unit chose the theme "Women Empowerment, Education, Health and Hygiene" and all our annual activities were focused on it.

We have two units with a total strength of 150 volunteers across various programmes. Our NSS unit has collaborated with some of the prominent non-government organizations and 40 quality and need-based activities were carried which focused on social upliftment, personality development and overall wellbeing of the students.

COLLEGE LEVEL ACTIVITIES:

- **Quiz Competition On General Knowledge**

An online Intercollegiate Quiz competition on General Knowledge was conducted on 1st & 2nd July 2020. Student leaders Mr. Praveen Gupta, Ms. Dolly Rathod, Mr. Ashish Vishwakarma and Mr. Rishabh Navlakha conducted this programme. 105 students participated in this competition.

- **Paper Bag Making Competition**

An online paper bag making Competition was conducted on 12th July, 2020. The objective of this competition was to make the students aware about the use of paper bags that contribute to fight with climate change and environmental pollution. 28 students participated from various colleges. Winners were awarded with certificates. Student leaders Ms Sayyed Simran and Mr. Nishant Maurya assisted in organising this competition.

- **Poem Writing Competition On Independence Day**

An online Intercollegiate Poem Writing competition was held from 15th August, 2020 to 18th August, 2020. The competition was conducted in three Languages Hindi, Marathi and English and the judges for the Competition were for Poems in Hindi Language -Mr. Manoj Mishra (Asst Professor), Mr. Shahid Qureshi (Asst. Professor), for Poems in English - Mrs. Madhuri Naik (Principal of MVM college), Mrs. Silika Shetty (Asst. Professor), For Poems in Marathi -Mr. Jaysing Ghanawat (Asst. Professor), Miss Chaitali Dhanu (Asst. Professor). Student leaders Mr. Satyam Yadav and Ms. Aakansha Saundalkar took lead in organising this competition.

- **Poster Making Competition (International day for girl child)**

An intercollegiate online poster making competition on National Level was organised on the occasion of International Day for Girl Child. Theme of competition was "Save the girl child and awareness on Covid-19". The competition started on 12th of October 2020. 32 participants from different colleges all over the India had participated. There were 18 boys and 14 girls. Ms. Aarti Joshi and Ms. Asha Joshi were invited for judging the posters of participants. The winners of the competition were announced on 24th October 2020 and they were provided with certificates. The core committee members Mr. Aniket Balu and Ms. Nirmitee Kadam took lead in organising this competition.

- **Paper Bag Making Workshop**

An online paper bag making workshop was held on 29th October 2020. 45 participants from our college attended this workshop. There were 17 boy and 28 girl participants. This workshop was conducted by Ms Suman Maurya from SYBCOM and Ms Akansha Saundalkar from TYBMS. The objective behind conducting this workshop was to create awareness among people to reduce plastic consumption and replace it with paper bags. This activity received enthusiastic response from NSS Volunteers and also from the local community. These paper bags were distributed free of cost in adopted area, nearby vicinities as well as in the shops.

- **Note Book Making From Waste Papers From Used Journals**

A Notebook making project from waste papers was conducted from 5th December to 15th December 2020. All the NSS volunteers took part in this activity. 40 notebooks were made in this project, which will be distributed to School Children after lock down.

- **Online Quiz Awareness Survey Theme Covid-19 The Out Break**

An online intercollegiate quiz awareness survey was organised on 27th December 2020. The theme of the quiz was 'Covid-19 the outbreak. The objective of the quiz was to create awareness about the pandemic. The link of the quiz was forwarded to the students and it was published on all the social platforms. 104 participants completed the Quiz and in which 47 were male and 57 were female participants. Student leader Mr. Aniket Balu took lead in conducting this event.

- **Online Poster Making Competition On The Theme Social Awareness**

An Online Poster Making Competition was held from Monday, January 30th December 2020 to 2nd January 2021. The theme was "Social Awareness": The following the sub-topics.

- 1) Farmer's Rights.
- 2) People Under Lockdown.
- 3) Make News for Fake News.
- 4) Consumer Rights.

The poster making competition was conducted at intercollegiate level and it was published on all the social platforms. 24 participants took part in this competition. There were 4 were male and 20 were female participants. The aim behind conducting this competition was to check the creative and artistic skills of the students. The judges of the competition were Mrs. Kausar Shaikh and Ms. Kinjal Karia. The winners and participants were awarded with the E- Certificate. This Competition was organized by student leaders Miss. Suman Maurya, Mr. Prajyot Kadam and Mr. Bobby Kevat.

- **Workshop On Personal Integrity**

The NSS unit of J.M. Patel College of Commerce in association with CMCA has Organized "Online **WORKSHOP ON** Personal Integrity". Ms. Shirin Mehta and Ms. Sushma Shetty from team CMCA were the resource persons. 53 students and 2 teachers attended the workshop.

The main objective of conducting this workshop was that to make the participants understand personal integrity is an inborn moral conviction to do what is right, and reject that which is wrong, regardless of the consequences that are attached to their decisions. Participants were guided regarding that appropriate behaviour, which reflect these values.

- **Courage Unlimited**

The NSS unit of J.M. Patel College of commerce in association with IDF has Organized “Online Webinar on Courage Unlimited”, on 7th January 2021. **Dr Narayan Iyer** Co-Founder& CEO, of Indian Development Foundation and Dr. Deepa Malik (Indian Paralympic Athlete) were the resource persons for the webinar. It was attended by 50 students and faculty members. The resource persons explained the concept of courage which enables the person to pursue the dreams in life. It also bolsters the self-confidence and increases the belief in one’s abilities. It is important to understand that **courage** is not the absence of fear.

- **Indian Development Foundation Orientation Programme**

The NSS unit of J.M. Patel College of commerce in association with IDF has organized “Online Orientation. **Dr Narayan Iyer** Co-Founder& CEO, of Indian Development Foundation delivered lecture on role of NSS in Personality Development for the students. Along with IDF, a series of lectures on Personality Development and Goal Setting were organized. This series of lectures was attended by 33 students and teachers.

- **Poster Making Competition On Women Rights**

An intercollegiate online poster making competition on women's rights was organised in the month of January 2021. Theme of competition was “Women’s rights”. The competition was conducted from 17/01/2021 to 19/01/2021 of January 2021. 4 participants from our college participated in this competition. [1 boy and 3 girls.] Certificates were given to the winners. Ms Aarti Joshi had done judging of the posters of participants

- **Eco-Warrior Competition**

An online ‘Eco-Warrior Competition’ was organised on the theme ‘Creativity is making Marvellous out of discarded. The Eco-Warrior Competition was conducted at intercollegiate level and it was conducted on all the social platforms. There were total 19 participants in which 9 were male and 10 were female participants. E-certificates were provided to all the participants for the participation as the competition was created for spreading information and knowledge among the students. Student leaders Ms. Sayyed Simran and Mr. Prathmesh Gawal took lead in organising this event.

- **Occasion Of Republic Day**

The NSS Unit of J.M. PATEL College of Commerce had celebrated Republic Day by arranging various competitions on 26th January 2021. Various competitions were held like poster making competition, poem writing competition, singing competition. The competitions were conducted at an intercollegiate level and were published on all the social media platforms. The competitions continued till 28th January 2021. There were Total 20 participants who had participated in the competition. In which 8 were male and 12 were female participants. All the participants were provided e-certificates for the participation. Student leaders Ms. Nirmitee Kadam and Mr. Aniket Balu took lead in organising this competition.

- **Self-Defense Training**

The NSS unit in association with WDC Department of J.M. Patel college of commerce has organized online self-defence training Session especially for Girls. Mr. Sitaram R. Chavan, President & Style Chief of Shotokan Global Japan Karate Academy” was the trainer for the session where 50 students from our college attended.

There were (15) boys and (25) girls participants. The important aspect of this training was that the trainer with the help of two students showed all the Demos. Along with virtual training to participants to deal with the situation which are taking place in reality, the main objective was that girls can prepare their minds and body to respond to threats against their safety. This activity received enthusiastic response from NSS volunteers and also from the local community

- **An Overview of Career Development**

The NSS unit in association with BMS and BAF Department of J.M. Patel College of commerce has organized- Online WEBINAR ON CAREER& OVERVIEW ON HIGHER EDUCATION". By Edwise International on 20th May, 2021. Student Member Ms. Sanjivani Vibhute and Ms. Aaksha Kawale took lead in organising this event. Mr. Subhash Pol was the resource person for the Programme, it was attended by 51 students and faculty members. The objective for conducting this webinar was to create awareness regarding higher education in Overseas and its benefits, and the different ways in which students can get the benefits of scholarships.

- **Swatch Bharat Abhiyan:** On 24th May 2021, NSS Volunteers had cleaned the campus of college. They even cleaned surrounding of the college. All the NSS volunteers worked very eagerly in this activity. There was total 12 NSS Volunteers who took part in this activity.

- **Jewellery Designing Workshop**

The NSS unit in association with BMS and BAF Department of J.M. Patel College of commerce has organized an online workshop on Manual Jewellery Designing, on 25th May, 2021. Mr. Sankar Samui (Manual designer) was the resource person for the Programme, it was attended by 51 students and 3 faculty members. The objective for conducting this workshop was to create awareness regarding Manual Jewellery Designing. The Participants can use designing skills for their career growth, and the different ways in which student can get the Benefits of the Training.

University Level Activities

- **International Yoga Day**

NSS Unit of our college celebrated International Yoga Divas on 22nd June, 2020, by organizing 'Online Physical Yoga and Raj yoga sessions' The Resource person for the session were Mr. Madhusudan Sekseria (President of Yoga Niketan) and for Raj yoga session – MS Rina Madam from Yoga Niketan Bangur Nagar. Student volunteers were guided by Mrs. Pranita Kamath and NSS PO Kausar Shaikh. Students Volunteers performed various poses of Yoga Asanas and Suryanamaskar. The session was attended by 70 students and including teachers.

- **NSS Foundation Day**

On 24th September, 2020 NSS Unit had organized Foundation Day celebration via Zoom meeting app. The foundation day celebration was organized under the leadership of Ms.Suman Maurya and Ms. Nirmitee Kadam (Student Volunteers from core committee). Program Officers Mrs. Kausar Shaikh and Miss. Kinjal Karia were also actively involved and motivated students to conduct the webinar. Our Ex-Volunteers of NSS were present during

the webinar and shared their experiences and gave ideas to conduct some activities. The activities included were Poster Making Competition, Street play and Greeting Card making, etc. 65 students participated in this event, out of which there were 35 girls and 30 boys. Mr. Aniket Balu proposed vote of thanks.

- **Bhajan Sandhya On Account of Celebration of Gandhi Jayanti**

On 2nd of October 2020, the volunteers of NSS Unit of J M Patel College of Commerce had attended Bhajan Sandhya which was conducted online on YouTube by University of Mumbai. On the occasion of Mahatma Gandhi's birth date such Bhajan Sandhya was organized to remember him.

There were total 30 participants out of whom there were 15 boys and 15 girls. The event was organized by core committee members. The programme started at 11:45 am and continued till 12:45 pm. The program was started by Program Officer Mrs. Kausar Shaikh by welcoming all participants and our chief guest Mrs. Pranita Kamath. After that our chief guest Mrs. Pranita Kamath shared a story of Mahatma Gandhi which was very informative. After that, the participants performed singing patriotic songs. Alumni NSS leaders and alumni volunteers shared their views and useful thoughts to us. Student leader Aniket Balu proposed the vote of thanks

- **Celebration Of National Unity Day And Birthday Of Great Leader Dr. Vallabhbhai Patel (Pledge Taking)**

The NSS Unit of J M Patel College of Commerce had organized birthday celebration of a great leader Sardar Vallabhbhai Patel and National Unity Day as on 31st October 2020. 30 participants took part in this event. There were 18 boys and 12 girls. Mrs. Kausar Shaikh welcomed all the participants and explained the motive of programme. She gave an informative speech about our National Unity Day. Then she asked our core committee member Ms Nirmitee Kadam to read out the pledge and requested all the participants to repeat after her. After completing the pledge our programme officer Ms Kinjal Karia spoke on National Unity Day. One of our volunteers Mr. Vinay Jaiswal gave an informative speech on unity.

- **Cleanliness Drive**

Clean India Green India activity was carried out from 1st November to 8th November 2020, at adopted area Prem Nagar, Hanuman Nagar where NSS volunteers collected plastic materials, chips wrappers, plastic bottles, etc. This activity was carried by student leaders Mr. Aniket Balu and Ms. Suman Maurya along with 10 NSS volunteers. Students were divided into two groups. After those students collected plastic materials from adopted area Prem Nagar and Hanuman Nagar. Students helped to clean the adopted area by collecting waste.

- **Online Competition Theme Fit India Movement Mumbai University**

An online competition on the theme 'Fit India Movement' was organised on 1st January 2021. It was organized by Mr. Sunil Yadav under the guidance of the NSS Programme Officer's, Mrs. Kausar Shaikh & Miss. Kinjal Karia. Two participants participated in this competition. The main aim of this competition was to create awareness about the physical fitness during this pandemic situation.

- **Webinar On Viral Hepatitis**

An Online WEBINAR ON VIRAL HEPETATIS was conducted. DR. Karen Lobo (MBBS) Master in Public Health for SMP and Mr. Rakesh Gamare (Master of Social work for TISS from “United Way Mumbai” were the resource persons, where 38 students along with 5 Professors attended the webinar.

The main objective for conducting this webinar was to create awareness on **Viral hepatitis** that it is an infection that causes liver inflammation and damage. The session ended by solving queries of students and teachers regarding Viral Hepatitis.

- **Awareness Session On The Problem Of Online Harassment**

On 6th February, 2021, The NSS unit in association with WDC conducted an “AWARENESS SESSION ON online Harassment”. Advocate Mr. Sunil Shukla, was the resource person. 90 students attended the session; The Programme was organized by Mrs. Kausar Shaikh Along with Team WDC and NSS. Mr. Shukla spoke on various forms of online harassment and cyber bullying and legal measures on this harassment. The Program ended by solving the queries of students.

- **Online Quiz Awareness On Road Safety**

Online quiz awareness on Road Safety was organized from 09th February 2021 to 12th February 2021. The message and brochure along the link were circulated on all the social media platforms. The competition was conducted at intercollegiate level. The motive of the quiz was to create awareness among the people about road safety and providing knowledge. There were Total 155 participants who had participated in the quiz in which 71 were male and 85 were female participants. After completing the competitions e-certificates were given to all the participants. Student leader Mr. Aniket Balu took lead in organising this quiz.

- **Awareness Campaign On Road Safety Through Digital Poster Making**

An online digital poster making competition on road safety was conducted on 13th February 2021. The competition was organized for creating awareness about road safety. There were total 3 participants in this competition.

- **Chatrapati Shivaji Maharaj Jayanti Programme**

The volunteers of NSS unit attended an online programme Chhatrapati Shivaji Maharaj Jayanti conducted by University of Mumbai. Mrs. Kausar Shaikh and Ms. Kinjal Karia along with Team NSS has attended this programme. The basic objective was to educate the students about the importance of activities carried by Shivaji Maharaj and to provide knowledge about the different methods of **self-protection** to keep in mind in different situations to manage the problems of our country. This programme was attended by 30 volunteers and 2 teachers.

- **Awareness On Blood Donation**

An online WEBINAR ON AWARENESS OF BLOOD DONATION was organised by Mahatma Gandhi Seva Mandir Blood Bank .Mr.Vinay R. Shetty. (BE, MMS) from Mahatma Gandhi Seva Mandir Blood Bank was the resource person where 31 students attended. The session was conducted on ZOOM App, The Main aim of conducting this webinar was to create awareness among the participants that donating blood has benefits for their emotional and physical health.

- **Blood Donation Camp**

The NSS unit of SKM’s Jashbhai Maganbhai Patel college of Commerce, organized a blood donation camp in collaboration with Mahatma Gandhi Seva Mandir blood bank, on 26th

February 2021. The camp began at 10.00 a.m. with a short inaugural function where in medical social worker Mahatma Gandhi Seva Mandir Management along with its five-member team was given a floral welcome.

The Camp was inaugurated by I/C Principal Mrs. Gracy D'Souza, along with NSS PO Mrs. Kausar Shaikh, Ms. Kinjal Karia and other Faculty members, and Team NSS, Ms. Jigna Cholera and Asst. Prof. Ms. Shweta Pandey, (BAF and BMS Department Coordinator) donated blood for the good cause of saving life of others along with other 18 volunteers who came forward to donate blood during the camp, which included friends and relatives of NSS volunteers. At the end 20 units of blood were collected. The blood donors were provided with a blood donation certificate card by MGSMBD.

The blood donation camp was co-ordinated by, Prof. Mrs. Kausar shaikh, N.S.S Programme Officer of the college along with Prof Ms Kinjal Karia NSS Programme Officer and Team NSS where by more than 20 Volunteers came for organizing this camp.

- **Online Healthy Diet Recipe Making Contest**

An online healthy diet food contest competition was organised on 29th March 2021. The competition was organized to tap the hidden talent of the students. Total 3 participants participated in the contest. All 3 had made a short video clip of their recipe and then submitted us by filling the google form which was compulsory to fill before entering the contest. E-certificates were given to the participants.

- **Webinars On Healthy Food For Healthy Youth**

An Online webinar on 'Healthy food for Healthy Youth' was organised on 31st March, 2021. Dr. Nazmeen Hashmi (B.U.M.S) was the Resource person. 98 Participants took the benefit of this session. The resource person created awareness about malnutrition and benefits of Nutritional and healthy Diet food. The activity was held on the occasion of Poshan Pakhwada to make students aware of Healthy food for healthy youth.

The objective was to make students aware that how they should take care of themselves, as teenagers go through big physical changes in puberty. They need extra nutrition to fuel these physical changes, which means they need to eat healthy food.

- **Organ Donation Awareness Programmes**

A webinar on 'Awareness programme on Organ Donation' was carried out in association with V4Organs foundation and Ranke Jain Foundation, Bengaluru, on 7th April, 2021 at 5 pm. This webinar focused on creating awareness among the youth regarding organ donation. The webinar was open to all the students of the institute. This webinar was carried out on You Tube.30 participated attended this webinar.

Mr. Shrikant Apte, Member of Maharashtra State level Authorization was the keynote speaker and guest of honour.

- **Training Programme On Organ Donation**

The NSS Unit of Jashbhai Maganbhai Patel College of Commerce, organized a Training Programme on Organ Donation in collaboration with V4Organs foundation, and Ranka Jain Foundation, Bengaluru, which mainly focused on creating awareness among the youth regarding organ donation. The Training program was open to all the students of the institute.

*Dates of training programme: * 12th to 21th April 2021 and 10th to 19th May 2021

*No. Of Attendees: * 10 and 53

Mr. Shreekant Apte, Member of Maharashtra State level Authorization was the keynote speaker. Mr. Sushil Shinde (District Coordinator) & Mr. Santosh Dhamone were also present for the event.

The Organ Donation awareness project training was organized by student leader **Mr. Prajyot Kadam**.

The first training Session started from 12/04/2021 to 21/04/2021 and the second phase training from 10 May 2021 to 19 May 2021, for those who were not able to attend the first phase. A total of 10 students participated in the first training and total 53 Students have participants in the second training. In training there were total 24 boys and 39 girls in both the session, Sessions were conducted for 9 days, 30-minute session per day followed by 10-minute question sessions.

- **Online Webinar On Awareness On Road Safety Training Session**

The NSS unit in association with BMS and BAF Department of J.M. Patel college of commerce and United Way Mumbai, has organised an Online Road Safety Training Session, on 3rd May, 2021. Mr. Cyril Gaikwad, Mr Rohit Dalvi, Lead trainer (Executive -Community impact -United way Mumbai.]and Mr. Karan Desai (Project Coordinator Community impact -United way Mumbai” were the trainers for the session where 49 students from our College attended. The trainers made the participants aware of different rules to be followed while driving two wheelers and he also made them aware about different symbols used on roads as driving Instructions which has to be followed for their safety.

The objective behind conducting this Training was to create awareness among students. This activity received enthusiastic response from NSS volunteers and also from the local community one of the key objectives of these safety programme is to create awareness on issues related to road safety amongst students and general masses. Other events such as skits on road safety, and traffic drill were also explained to educate them on road safety.

- **Clothes Distribution to Needy People**

On 31st Of May 2021, the NSS unit of J. M. Patel College along with Unity for Good cause had undertaken clothes distribution activity in which the volunteers’ distributed clothes to the needy people at Malwani. The clothes were given to the needy people. 8 volunteers took part in the activity.

AREA PROJECTS: Our unit has conducted five major Area Projects this year.

- **Health Survey During Covid-19**

The NSS Unit of J M Patel College of commerce had organized an online survey of students, to collect health related information about the pandemic situation. The survey was organized by student leader Ms Nirmitee Kadam. The survey was conducted on intercollegiate level from 2nd of January to 10th January 2021 and it was published on all the social media platforms. Total 91 students have responded, in which 47 were male and 44 were female participants. E-certificates were provided to all the participants.

- **Distribution Of Masks In Adopted Area**

The NSS unit of J. M. PATEL COLLEGE had undertaken mask distribution activity in which the volunteers distributed face masks in the adopted area (i.e., Hanuman agar), near the Goregaon station and in the adopted area on 3rd and 4th January 2021. 75 masks were

distributed in our adopted area to the senior citizens and Non-teaching Staff, Security staff and cleaning staff.

On 16th of January 2021, 300 masks were distributed to the hawkers and vendors at the Goregaon station and in the adopted area too. There were above 16 volunteers involved in the activity. The objective behind this activity was to spread awareness among the public regarding maintaining social distancing and usage of hand wash practice to improve habits of cleanliness.

- **Paper Bag Distribution to Shopkeepers, Hawkers and Vegetable Seller in Adopted Area**

On 16th Of January 2021, the NSS unit of J. M. Patel College had undertaken Paper Bag Making distribution activity in which the volunteers distributed paper bags in the adopted area (i.e. Hanuman Nagar), near the Goregaon station and near by the college. The Paper bags were given to the vendors. There were above 16 volunteers took part in the activity.

- **Food Distribution Drive**

In collaboration with Unity for Good Cause (NGO) our NSS unit had organized food distribution drive for the poor. In this activity volunteers distributed food to the needy people on the streets on 17th January 2021 from 4:00 PM to 10:00 PM. 9 NSS girl volunteers took part. With the help of Unity for Good Cause (NGO) we covered more than 350 poor and needy people and distributed the food to them.

- **Tree Plantation In Near By Area**

As a part of tree plantation our college NSS unit conducted tree plantation drives from 3rd January 2021 to 8th January 2021 and from 1st May 2021 to 31st May 2021. Teaching staff and students' volunteers planted saplings in their nearby area of their houses. Our students and teaching staff also took lead in planting more than 35 saplings. In this activity our 25 student volunteers participated. This programme was conducted to inculcate the love for trees and for environmental protection.

Mrs.Kausar Shaikh
Miss Kinjal Karia
NSS Programme Officers